step 1: Download Arduino IDE

step 2: Open Arduino IDE

step 3: from the menu bar click on "file -> preferences"

step 4: copy the URL in "Additional board URL" and then click "OK"

step 5: now click "tools -> board ->board manager"

step 6: from board manager search for "ESP32" and install it

step 7: You should be able to select your board in the boards menu. select what is appropriate for your ESP32.

step 8: Connect your ESP32 to the computer by the USB cable.

step 9: Click on "Tool -> ESP32 Arduino and then choose WEMOS D1 MINI ESP32 controller

step 10: Click on "Tools" and Go to port COM3, then choose COM3.

step 11: Upload your code to the ESP32 module

step 12: Control Your LED In The Serial Monitor.